

Project number: 2021-1-FR01-KA220-ADU-000035291



- Tailored **E-learning** modules
- Innovative techniques
- Comprehensive content.

## Project update!!

## GRIT Bite sized learning



"Exciting News on the **GRIT** Front! We're thrilled to announce the final stages of our bite-sized learning system dedicated to "**Character Development**".

This robust platform has been crafted considering every detail – from technical capacities and social media integration to interactive module designs.



Course overview:

1. Introduction
2. GRIT and Growth Mindset
3. How to Boost Employability With Soft Skills
4. Basics of Positive Psychology and Emotional Intelligence
5. Self Awareness and Understanding the Different Facets of Self Concept
6. Resilience and Persistence
7. Active Citizenship and European Values

We've delved into critical topics, offering both an overarching view of character development and specialized modules dedicated to specific techniques. As we inch closer to the launch, we invite you to be a part of this transformative learning journey. Embrace change, evolve with GRIT

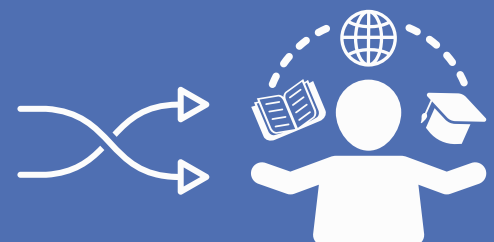
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Character development



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